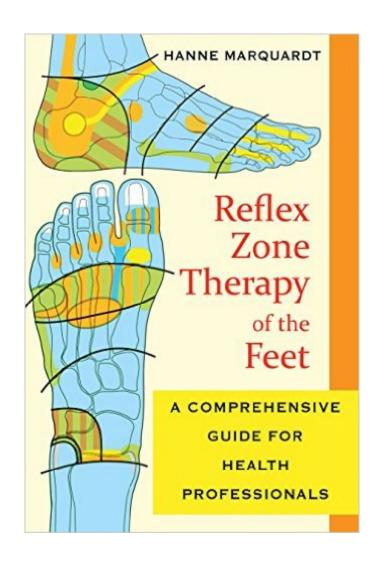
## The book was found

# Reflex Zone Therapy Of The Feet: A Comprehensive Guide For Health Professionals





# **Synopsis**

The classic reflexology reference with new material and new illustrations â ¢ Includes an expanded list of ailments and treatments, new case studies, and new material on symptoms, new zone discoveries, massage techniques, detox reactions to treatment, and treating babies and children â ¢ New clear, easy-to-understand color illustrations â ¢ By the most well-known and experienced reflexologist in Europe today Based on Hanne Marquardtâ ™s early training with Eunice Ingham and her many years of practical experience as a therapist and teacher, this authoritative manual describes the reflex zones of the feet in detail. With full-color illustrated maps as well as explanations of how these zones relate to the internal organs, Marguardtâ ™s guide to treating many common ailments such as migraine, sciatica, and bronchitis both in others and oneself has stood the test of time. This revised edition contains completely new color illustrations throughout as well as new case studies and an expanded list of ailments and treatments. Marguardt also includes new information on symptoms, massage techniques, treating babies and children, and recent discoveries in reflexology such as the solar plexus zone. Offering new discussions of the relationship between the foot and the human form, why the feet are treated and not the hands, and recognizing the healing signs of detoxification reactions, this updated edition provides a solid foundation for those just delving in to reflexology as well as an enriched reference for bodywork professionals.

### **Book Information**

Paperback: 192 pages

Publisher: Healing Arts Press; 2 edition (December 21, 2010)

Language: English

ISBN-10: 1594773610

ISBN-13: 978-1594773617

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars Â See all reviews (3 customer reviews)

Best Sellers Rank: #728,748 in Books (See Top 100 in Books) #561 in Books > Health, Fitness &

Dieting > Alternative Medicine > Naturopathy #599 in Books > Health, Fitness & Dieting >

Alternative Medicine > Massage

## **Customer Reviews**

Published in 1983, and I have that original edition, Hanne Marquardt revised her book in 2011, now

available at . Hanne begins her preface "For almost fifty years, the feet have been the professional center of my life..." I bought her original book in 1983 when I was starting out as a Certified Reflexologist, after my basic training at the Doreen Bayly School in London. The book took me way beyond what I had learned. She showed so many more reflexes on the feet, beautifully illustrated with colored diagrams. Her detailed and informative text was more than I have encountered in any other book on Reflexology. I delight in reading and re-reading this book even though I have been a Reflexology practitioner and teacher for 35 years. Every serious Reflexologist should keep this book beside them and constantly consult it. It's the best!

#### Good book!

This book was okay compared to my other books on reflexology.

#### Download to continue reading...

Reflex Zone Therapy of the Feet: A Comprehensive Guide for Health Professionals ZONE DIET: Zone Diet Cookbook (Includes 50 Zone Diet Recipes For Every Meal) (Antioxidants & Phytochemicals, Food Allergies, Macrobiotics, Food Allergies, ... Zone diet food, Zone diet for beginners 1) ZONE DIET: Zone Diet For Weight Loss & Better Health (Includes a 7-Day Meal Plan to Lose Weight Now) (Antioxidants & Phytochemicals, Food Allergies, Macrobiotics, ... diet food, Zone diet for beginners Book 1) Art Therapy and Music Therapy Bundle: (Expressive Arts, Movement Therapy, Art Therapy Trauma, Therapy Books) The Ultimate Guide to Strong Healthy Feet: Permanently fix flat feet, bunions, neuromas, chronic joint pain, hammertoes, sesamoiditis, toe crowding, hallux limitus and plantar fasciitis Original Works of Eunice D. Ingham: Stories the Feet Can Tell Thru Reflexology/Stories the Feet Have Told Thru Reflexology RSD In Me!: A Patient And Caretaker Guide To Reflex Sympathetic Dystrophy And Other Chronic Pain Conditions Zone Diet: The Ultimate Beginners Guide To The Zone Diet (includes 75 recipes and a 2 week meal plan) (Antioxidants & Phytochemicals, Food Allegies, Macrobiotics) Zone Diet: The Ultimate Beginners Guide to the Zone Diet: Includes 75 Recipes and a 2 Week Meal Plan Speech Therapy for Kids: Techniques and Parents Guide for Speech Therapy (speech therapy, speech therapy materials) The Feed Zone Cookbook: Fast and Flavorful Food for Athletes (The Feed Zone Series) Cupping Therapy: An Essential Guide to Cupping Therapy, How it Works, and Its Benefits (Suction Cup Therapy | Chinese Cupping | Bekam | Hijama | Ventosa ) A Practical Guide for H1B Visa: For International Students And Professionals by One of The International Students And Professionals Microsoft Office 2010 for Medical Professionals Illustrated (Illustrated Series: Medical Professionals) Long-Term Care for Activity Professionals, Social Services Professionals, and Recreational Therapists Sixth Edition Colon Health and Wellness: The Ultimate Guide to Colon Health the Natural Way (Colon Health, Colon Cleanse, Colon Cancer, Colon Health Guide, Colon Diet, Colorectal cancer, Colon Cleansing) Aha Guide to the Health Care Field 2009 Edition: United States Hospitals, Health Care Systems, Networks, Alliances, Health Organizations, Agencies, ... Association Guide to the Health Care Field) Radio-Frequency and ELF Electromagnetic Energies: A Handbook for Health Professionals (Industrial Health & Safety) Child-Centered Play Therapy Workbook: A Self-Directed Guide for Professionals La Inflamacion Silenciosa/ the Anti-inflammation Zone: Reversing the Silent Epidemic That's Destroying Our Health (Spanish Edition)

<u>Dmca</u>